

Bringing Families and the Great Outdoors Together



BECOMING AN OUTDOOR FAMILY

**Family Camp for the
Deaf and Hard of Hearing
Ponca State Park
April 29, 30 and May 1, 2022**

BECOMING AN OUTDOORS-FAMILY

Becoming an Outdoors-Family is a workshop focused on learning basic outdoor skills to help you and your family enjoy the outdoors. Skills taught are related to a variety of outdoor sports such as fishing, camping, kayaking, archery, hunting and hiking.

Another goal is to provide families an opportunity to reconnect with each other and the outdoors in a comfortable, safe and relaxed setting. Parents and siblings of the deaf or hard of hearing child are encouraged to attend, making it a whole family experience. Best of all, the entire camp is free.

Expert instructors will start with basic skills and provide hands-on experience that you will use for a lifetime of fun in the outdoors.

REGISTRATION

This camp is limited to the first 8 families who register. Complete both sides of registration form and send to Nebraska Game and Parks C/O Christy Christiansen 2200 N 33rd, Lincoln, NE 68503. A Medical History Form must be filled out for each participant. You can either make copies, or contact Christy Christiansen at (402) 471-5547 or at christy.christiansen@nebraska.gov.

WORKSHOP SPONSORS

Donations from our sponsors help defray the cost of programs, meals, lodging and other supplies. Heartfelt thanks to Nebraska Lions Club, Nebraska Regional Program for students who are Deaf and Hard of Hearing, Nebraska Hands and Voices, and Guide By Your Side for supporting this program.

LODGING

One cabin per family will be provided. Each cabin has a living area with a couch, full kitchen, bathroom and two bedrooms with one queen size bed in each. Cabins have heat, air conditioning and an electric fireplace. Bedding and towels are provided. Please bring your own personal items (soap, shampoo, etc.) We will be outdoors rain or shine, so dress appropriately for the weather.

REQUIRED PERMITS

A 2022 Nebraska state park entry permit will be required per vehicle. Those ages 16 and older will need a valid Nebraska fishing permit.

CONFIRMATION PACKET

A packet with class schedule, directions, packing list, and other necessary details will be mailed to you one week before the workshop.

CANCELLATION

Please contact us on or before April 22 if you need to cancel. We will offer your spot to another family or you can send a family in your place.

SUPERVISION

One adult must be present with up to two children under age 16 in each session. Guardians are responsible for the supervision of their children at all times. Limited activities for children 8 years of age and younger.

Activities

ARCHERY/3-D SHOOTING

Participants will learn proper equipment selection, correct shooting techniques and form, along with basic archery terminology. Participants will be doing live shooting. This is a great opportunity to try your hand at archery and improve your shooting skills.

ATLATL THROWING

Fun activity for everyone! This primitive equipment predates the bow and arrow. Grab a dart and atlatl and give it a throw! See if you can stick it in the target.

PELLET GUN

Participants will learn hands-on training on basic gun handling, ammunition, safety and shooting techniques. All firearms, eye and ear protection will be provided.

SLING SHOT

Test your hand-eye coordination by shooting sling shots and hanging targets. Fun plinking competition for the whole family!

OUTDOOR COOKING

This class covers everything from campfires, Dutch oven cooking and can cookers to pie irons and yummy desserts. Participants will cook and eat a full course meal.

FISHING

Take a trip to the pond with your fishing instructors and learn about equipment, baits, lures, knots, fish, waters, etc. This course is a logical and simple approach to fishing for any species found in Nebraska.

KAYAKING

Learn about kayaks, paddles, equipment, techniques and safety skills you can use to enjoy a day on the water. Participants will have the opportunity to put their learning to practice in safe and quiet waters.

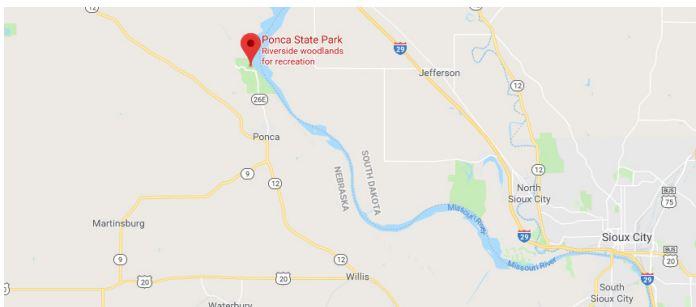
NATURE AND EDUCATION CENTER

Join the parks naturalist and take part in hands on sensory activities and nature crafts to bring home. Take a tour of the river resource display and learn about life on the river.

NATURE HIKE

Take an afternoon hike with our park guide, bird watching and discovering the fauna of the area.

How to get to Ponca State Park



Sponsored by

NEBRASKA

— GAME PARKS —



Nebraska Lions Club, Nebraska
Regional program for students
who are Deaf and Hard of
Hearing



Workshop Schedules

Friday, April 29

4 – 5 p.m.

Cabin Check-in at Ponca's Resource and Education Center. At 5 p.m. or after, keys will be on counter at center

6 – 9 p.m.

Welcome, Campfire Pie Iron Dinner and S'mores at Scout Hill Campground

Saturday, April 30

7:30 – 9:30 a.m.

Dutch Oven Breakfast at West Shelter

10 – 11 a.m.

Bird watching and nature hike

11 a.m. – 4 p.m.

Eric Wiebe Shooting Complex for Archery, Atlatls, Sling Shots and Pellet Guns

Lunch will be provided at ranges

4 – 5:30 p.m.

Free time

5:30 – 7:30 p.m.

Outdoor Cooking at West Shelter

7:30 – ? p.m.

Outdoor Games and Campfire

Sunday, May 1

8 – 9:30 a.m.

Continental Breakfast at Education Center North Patio

9:30 – 10 a.m.

Check out of cabins

10 – 11:30 a.m.

Education Center Tour and Activities

11:30 a.m. – 3 p.m.

Fishing, Kayaking and Aquatic Education

Lunch will be provided at lake

3 p.m.

End of Camp

Stay to enjoy park activities on your own, such as hiking, swimming and horseback riding. You must make prior arrangements for horseback riding on Saturday morning.

Ponca State Park
April 29-30 and
May 1, 2022

Nebraska's Becoming an Outdoors-Family



REGISTRATION FORM

Name _____

Phone (daytime) _____ Phone (Evening) _____

Address _____ City, State, ZIP _____

Email Address _____

May we use the above information on a participant list distributed at the workshop? Yes No

Occasionally we will use photos from the workshop for promotional purposes.

Do we have your permission to use photos of you? Yes No

Adult #1 _____

Adult #2 or Child #5 _____ Age _____

Child #1 _____ Age _____

Child #2 _____ Age _____

Child #3 _____ Age _____

Child #4 _____ Age _____

*Add additional people on separate sheet if necessary.
Remember to provide one adult per two children.*

Only one family may register per form. SIGNED

**MEDICAL HISTORY
QUESTIONNAIRE FORM MUST BE
FILLED OUT FOR EACH PARTICIPANT.**

Mail Registrations to:
Nebraska Game and Parks registrations
BOF Deaf Skills
2200 N 33rd St. Lincoln, NE 68503

For additional information:
Call Christy Christiansen at (402) 471-5547.

Total number of adults _____

Total number of children (under age 16) _____

<p>Are you an EMT, RN, LPN, or Doctor? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Would you be willing to help in an emergency? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Do you need a sign language interpreter? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><input type="checkbox"/> Check here if you have any dietary requirements and/or food allergies, and describe your needs: _____ _____ _____</p>	<p><input type="checkbox"/> Check here if you have any _____ special needs that require assistance and describe your needs: _____ _____ _____</p>
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Camp is limited to the first 8 families to register. Preference given to GBYS families, especially those of newly identified children.

REGISTRATION IS TAKEN ON A FIRST-COME, FIRST-SERVED BASIS. NO REGISTRATIONS WILL BE ACCEPTED BY TELEPHONE OR FAX. MEDICAL QUESTIONNAIRE(S) MUST ACCOMPANY REGISTRATION.

Sponsored by the Nebraska Game and Parks Commission, Nebraska Lions Club, Nebraska Regional program for students who are Deaf and Hard of Hearing and Voices and Guide By Your Side.